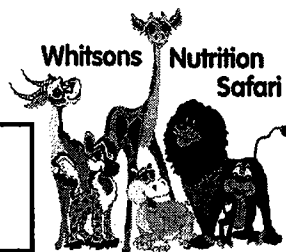


**LUNCH PRICES:**

Type A Lunch Price	\$1.35
Reduced Lunch Price	\$0.25
Milk/Chocolate Milk	\$0.35
Elementary Breakfast	\$0.80

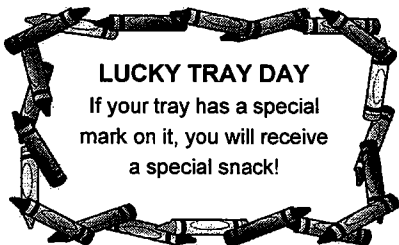
# Safari Saying of the Month



Fall foods can be fun and nutritious. Try some [Safari] fall favorites such as beef stew with noodles, red cabbage, apple slices, apple juice and pumpkin seeds for a snack!

# East Ramapo Elementary School October 2004

**LUNCH ALTERNATES  
AVAILABLE DAILY:**  
Hamburger, Hot Dog  
Dannon Yogurt  
Chef Salad  
Cold Cut Sandwich



**LUCKY TRAY DAY**  
If your tray has a special  
mark on it, you will receive  
a special snack!



**DAILY HEALTHIER CHOICE**  
Celery & Carrot Sticks  
  
Tossed Salad

**ALL STUDENT LUNCHES  
INCLUDE A CHOICE OF:**  
Whole Milk, Skim Milk, 1% Milk, or  
Low Fat Chocolate Milk  
Apple, Orange or Fruit Juice  
Vegetable and Fruit

**QUESTIONS OR COMMENTS?**  
Questions or Comments  
about  
the Food Service Program?  
Please call  
our Food Service Office:  
(845)577-6580

Monday	Tuesday	Wednesday	Thursday	Friday
All Cold Cut Products are Turkey Products	 <b>Have a Safe, Happy Halloween</b>			Cheese Pizza Tossed Salad Choice of Fruit
Baked Chicken Nuggets Tator tots Choice of Fruit	Double Taco Tuesday Spicy Taco Meat Shredded Cheese Lettuce & salsa Seasoned Rice Choice of Fruit	<b>Columbus Day Celebration!</b> Grilled Cheese On White & Wheat Tossed Salad Choice of Fruit	Hebrew National Hot Dog On a Bun Vegetarian Beans Choice of Fruit	Cheese Pizza (Pepperoni Optional) Veggie Sticks With Dip Choice of Fruit
<b>Columbus Day</b>	Popcorn Chicken French Fries Choice of Fruit	Baked Macaroni & Cheese Green Beans Choice of Fruit	Nachos With or without Meat Seasoned Rice Choice of Fruit	Cheese Pizza Tossed Salad Choice of Fruit
Baked Chicken Nuggets Potato Wedges Choice of Fruit	Rotini Pasta With Meat Sauce Carrot Sticks Choice of Fruit	Mozzarella Sticks w/Marinara Sauce Tator Tots Choice of Fruit	Cheeseburger On a Bun Potato Wedges Choice of Fruit	Cheese Pizza Veggie Sticks With Dip Choice of Fruit
Baked Chicken Patty On a Bun Golden Corn Choice of Fruit	Beef Burrito Ground Beef Shredded Cheese Lettuce Sour Cream Mexi-rice Choice of Fruit	Brunch for Lunch French Toast With Syrup Sliced Ham Choice of Fruit	Meatballs & Pasta Green Beans Choice of Fruit	Cheese Pizza Tossed Salad Choice of Fruit

**Breakfast Menu**

**Monday**  
Assorted Cereal

**Tuesday**  
Bagel with Butter

**Wednesday**  
Muffin Variety

**Thursday**  
Bagel with Butter

**Friday**  
Assorted Cereal

**Prepaid lunches:**

5 for \$6.25  
10 for \$12.50  
15 for \$18.75  
20 for \$25.00

**Prepaid Breakfast:**

5 for \$4.00  
10 for \$8.00  
15 for \$12.00  
20 for \$16.00

**ALTERNATES RUN  
ALL WEEK**  
Menu is subject to change.  
Notice will be posted when possible.